



United Way Partnership for Youth Presents:

Restoring the Calm A Day with Heather Forbes



Wednesday, August 14

8:00am - 3:00pm

D.C. Everest Middle School
9302 Schofield Avenue, Weston

This **free** training will discuss why a trauma-informed approach is needed, the benefits, and how to start the process of implementing a trauma-informed platform. Strategies for connecting with a child “in the moment” when they are highly aroused and escalated will be discussed and demonstrated. Participants will leave this training with loving and innovative ways to apply the concepts of neuro-science into real life and will end the day by saying, “Now I get it...now I understand how to put science into action!”

Schedule

- 8:00am:** Registration & Light Breakfast
- 8:30am:** General Session
- 11:30am - 12:00pm:** Lunch - Will be Provided
- 12:00pm - 2:30pm:** General Session
- 2:30pm - 3:00pm:** Wrap-up

Register (FREE) <https://www.secure.unitedwaymc.org/PfYProfDev>

Featured Speaker



Heather T. Forbes, LCSW is the owner of the Beyond Consequences Institute and author of numerous books on the topic of working with children impacted by trauma. Coming from a family of educators, Heather has a passion for helping children in the classroom.